

Walk to Poo and Arenas de Cabrales over the hills.

Walking in the mountains is not without risk. Check the weather and be aware that conditions can change suddenly, often with poor visibility from fog. Go well prepared with plenty of water, warm clothes, waterproofs, maps, etc. You undertake this walk entirely at your own risk and the owners of Casa Usborne accept no responsibility.

Google map link: <https://maps.google.com/maps/ms?msid=210994469090786620781.0004de80b157e731a046b&msa=0>

Time: 5/6hrs approx.
Distance: 16kms round trip approx.
Type of Walk: There and back
Difficulty: Very Easy
Way marking: None
Maps: Adrados green Picos de Europa map (should be available in the house).

Description: Walk direct from the house to Poo and Arenas without walking on any main roads, mostly tracks. This walk takes in the beautiful Inguanzo and Poo side valleys. It isn't the quickest way to arrive as the tracks often follow the contours of the valleys. Make sure you look at the map carefully as it is easy to take the wrong track – there are a maze of them!

Directions: Walk....
Turn out of the drive and turn left along the track that ascends down to the stream and levels out. Go past the first large cow shed on the right then go down to the left before reaching the second cow shed. At the next junction, turn right, cross two streams in the valley, then go up quite steeply. This path eventually arrives in Inguanzo (there is a bar here for refreshments and snacks). Go out of the village on the tarmac road at the bottom. When the road curves round to the left take the first right immediately after. Keep following this track as it winds through the Inguanzo valley and heads up towards the saddle on the hill, then crosses over into the Poo valley. Head down through the woods, eventually arriving in Poo. Once in the village, follow the river out the other side, then turn right up a track that ascends past a large square house on the left. This track goes up to the left, levels out, then gradually descends into the town of Arenas de Cabrales.