

Walk to La Molina and beyond.

Walking in the mountains is not without risk. Check the weather and be aware that conditions can change suddenly, often with poor visibility from fog. Go well prepared with plenty of water, warm clothes, waterproofs, maps, etc. You may encounter livestock on this walk. You undertake this walk entirely at your own risk and the owners of Casa Usborne accept no responsibility.

Google map link: <https://maps.google.com/maps/ms?msid=210994469090786620781.0004de8074abf3297f3a7&msa=0>

Time: 3hrs approx.
Distance: 7kms round trip approx.
Type of Walk: There and back
Difficulty: Very Easy
Way marking: None
Maps: Adrados green Picos de Europa map (should be available in the house). Take a print out of the google map above or study it carefully, as it is easy to get lost.

Description: Walk direct from the house over low hills following tracks and paths. Beautiful views looking up and down the Cabrales valley. Amazing old mill near La Molina which the path passes directly through. La Molina itself is a very sleepy hamlet with very few permanent residents. The river walk past the village is well worth doing and there are some amazing swimming places further up.

Directions: Walk....
turn right out of the drive into Berodia village. Head up hill, pass the wash house and cheesery and turn left heading out of the village. Keep left going past a hen house and barn. The road starts to climb and winds round to the right then left before levelling out. After about 1 km take the second right and the track starts to descend for about 1km. Near the bottom there is a small stone shed surrounded by trees. Cross there fence here into the field and head directly down hill to a rough stile. Cross the fence here and keep heading down hill past another smaller stone shed. Keep to the right of this shed and you will notice a makeshift gate in the hedge. Cross through here and head steeply down hill to a bigger stone shed with its own corral. Just by the shed is a gate that takes you down and over a stream, over another stile and into a flat grassy field. Head straight across the field diagonally following the line of the fence. At the other side there is another stile which leads over a bridge. Turn left immediately after the bridge and continue in the valley, passing through an old mill building and orchard. Keep to the bottom of this field until you notice a hidden path at the other end which takes you up to the village of La Molina. Turn left through the village passing a handful of houses. Come out the other side and take a cobbled path down to La Molina gorge and the amazing bridge.